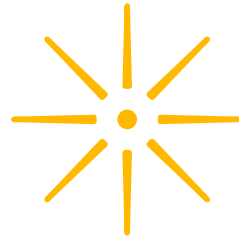




NATALIE HILGNER  
HEILPRAKTIKERIN & COACH

# Vitamin-D-Synthese



Sonne 80-90%  
Nahrung 10-20%

